

The Antioch UMC

Epistle

July, 2014

The Preachers' Part

Things are a bit gusty in the first month of being **Windswept!** I have experienced God's presence in worship, in groups gathered to pray or study the Bible, and in my personal prayer time. I've also experienced the Spirit of God in conversations with many of you.

Several of you have been bold enough to say, in one way or another, "I don't know how to pray." Some have commented, "I only know one way to pray." Your honesty and candor is Spirit-led.

The Holy Spirit is leading us to offer some times for learning how to pray. Maybe you need some fresh ideas to inspire your time with God, or some guidance on how to find an hour a day for God. Maybe your idea of prayer is praying for people in need; maybe you believe "that's what we pay the preacher to do" - to pray, so you don't have to.

On Sunday evenings at 6, we will meet in the fellowship room at Williams UMC (4869 Longview Road). On Monday evenings at 7, we will gather at Antioch UMC. Same topic, different locales. Two opportunities to explore and experience three different topics.

The first conversation will be July 13 / 14 as we discuss 'feeding the spirit is like feeding the body,' and other practical ways of structuring your prayer life.

The second conversation, on July 20 / 21 is entitled "Listening to Scripture." We will explore the practice of "divine reading" (lectio divina), which incorporates reading scripture, prayer and listening for God.

The third session, on July 27 / 28 is "Four Simple Prayers to Order Your Life." We will discuss specific ways and resources for your spiritual practices.

You are invited and encouraged to attend any or all.

On Sunday, August 3, I will be issuing an invitation to Covenant: to enter into the Covenant of Spiritual Disciplines with God devoting one hour a day to praying, reading scripture and other disciplines. A copy of this Covenant is again attached to this newsletter.

The Spirit of God is present and moving among us. I hope you will allow yourself to be swept toward a deeper relationship with God. I continue to pray that you will be **Windswept**.

Peace,

Alan





HAPPY BIRTHDAY TO:

Mike Pearson June 11
Jenna Bacon June 13
Alex Hite June 17

These names were left out of the June Epistle and Julie is very sorry about that.

HAPPY BIRTHDAY TO:

Our July Birthday Folk

Ronnie Overby 1
Summer Jenkins 15
C. W. Dawson 17
Sarah Stallings 18
Marjorie Coleman 18
Barbara Callis 21
Alicia Clary 21
Lydia Pearson 21
Will Arthur 28

If there are errors in the birthday list or you are not seeing YOUR special day mentioned, please let Betsey or Julie know. Thanks

News on the HOME front

Friday, June 15th found Wayne at Pine View again for his monthly music session. There were approximately 18 residents gathered in the dining room to enjoy some music and laughter. Margaret Martin surprised us by stopping by to sing and play the piano (by ear and she's **amazing!**). It was a good time - a lot of singing along and a little bit of dancing.

There are some new faces among the residents and we do hope their stay at Pine View will be a long and happy one.

Guests are always welcome to drop in and visit, eat lunch, entertain or just sit and read/chat with one or more of the residents. These lovely people do not have the opportunity to come visit you, so please find a little time to stop by for a chat and catch up on what is going on in their lives at Pine View.

As always, prayers are very much appreciated there for the residents and the staff.

All are invited to come and worship on the first Wednesday of each month at 10:00 a.m. Hope to see you there!

To do a job right, you need the right equipment. Let's give the children of our community the tools they need to start the new school year! Here's a list of things they need at Kenbridge Elementary. We'll be collecting **School Supplies** through Sunday, August 3.

- Pencil box – large
- Pencil box – small
- Pencil pouches
- 3-ring pencil pouch to fit in binder
- Elmer's glue bottle
- Elmer's glue sticks
- Fiskar scissors
- 8-pack Crayola crayons
- 24-pack Crayola crayons
- 1 inch vinyl binder
- 1 ½ inch binders w/pockets
- Binder dividers w/ labels
- Wet wipes/baby wipes
- Headphones/earphones (not buds)
- Sandwich or snack bags
- Quart Ziploc bags
- 1 gallon Ziploc bags
- 2 gallon Ziploc bags
- Marble composition notebooks
- #2 pencils
- Colored pencils
- Hand held pencil sharpener w/trap
- Markers
- Dry erase Expo markers (black)
- Highlighters
- Erasers
- Cap erasers
- Sleep mats
- 2-Pocket folders
- Plastic pocket folders without prongs
- Hand sanitizer
- Clipboards
- Wide rule notebook paper
- Spiral bound notebooks
- Hole reinforcers
- Large book bags w/out wheels

Serving in July

<u>Date</u>	<u>Nursery</u>	<u>Liturgist</u>
6	Jackie / Amber	Abby
13	Wanda / Jimmy	William
20	Jenna / Chris	Susan
27	Kim / William	Ginny

June by the Numbers:

Average Weekly Attendance = 46

Average Weekly Giving = \$ Not Reported

Needed each week = \$1,278

July 1 marks the beginning of Alan's 3rd year as Pastor of the Lunenburg Charge. We are thankful that he and Julie are continuing to serve here. We are especially thankful for the commitment of the churches to a full-time pastoral ministry. Alan is off on Fridays.

UMW

Our next UMW Meeting is: July 22, 2014 at the home of Audrey Smith 417 Pine Lane, Kenbridge. Jackie Malone will present the program. Hope to see everyone there and please bring a guest who may want to join us !!

All UMW meetings begin at 7:30 PM.

Summer is here... Vacation Time !

Here are some tips to encourage your faithfulness throughout the vacation season:

Pack your Bible. And read it. Each week's bulletin has the scriptures we will be discussing and worshipping with the following week. Even though you are not here physically, you can be here in spirit.

And – when you are not here physically, the church still relies upon your financial support. **Give before you go** for the week you are away.

If you are planning a day trip or activity on Sunday, you are invited to attend **early service at Williams**, where worship begins at 9:30, so you can be on the road by 10:30 and enjoy your day.

Last, odds are pretty good that wherever you are going on vacation, you'll **find a church** there. Yes, it will be different. But who knows – you might be blessed and find something really meaningful to bring back home; a souvenir from your faith-full vacation!

WOOHOO!

Walt Moseley – Thank you for doing such a great job at both churches while Alan was away at Annual Conference.

Rev. Alan Layman – Congratulations on your recent commissioning and blessing from Bishop Young Jin Cho to the position of Provisional Elder in the United Methodist Church. We are very proud of you.

The Joke at THE END



As the boat was sinking, the skipper lifted his voice to ask:

"Does anybody know how to pray?"

One man spoke confidently in answer:

"Yes, Captain, I do."

The captain nodded.

"That's all right then," he declared. "You go ahead and pray. The rest of us will put on life-belts. They're one short."

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*As a community of faith,
our mission is to be the Presence of Christ.*

C. Alan Layman, Pastor

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