#### **Our Soldiers in Iraq**

The following local soldiers are serving our country in Iraq, please pray for them! They would appreciate a note from home from anyone who has a few moments and a stamp! (The first line of each address is next to the soldier's name. The second line of the address is the same.) Soldiers' names:

SGT Dutzman, Laura L.	180 <sup>th</sup> EN CO
SGT Thompson, Christopher R.	54 <sup>th</sup> EN BN
SSG Fowler, Thomas J.	844 <sup>th</sup> EN BN
	APO AE 09322

# **Prayer List**

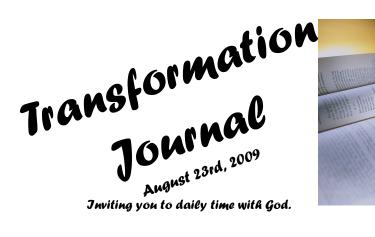
#### Please keep the following individuals and families in your prayers:

Sara Sutton	Danna Clary	Bertha Arthur
Betty Roegge	Edith Parham	Chuckie Barnes
Audrey Smith	Owen Cheencks	Becky Eades and boys
Dorothy Shields	Laura Dutzman	Betty Jo Bradforth
Ashley Grant	Tom Fowler	Edna Bagley
Fletcher Smith	Kirk Jones	Mike Moody
Charlotte Gallion	Christopher Thompson	Missy Garrison
Dorothy Driskill	Brian Price	Christian Sutton
Tiffany Smith	Layton Powell	David Jones
Alicia Clary	Kathy McReynolds	Allen Alcock
Edith Tanner	Meta Lawson	Dee Welch
Dwight Callis	Betty Reese	Edith Hite
Kathy Ragland	Danny Horne	Malcom Ozburn
Wendy Ripberger	Jean Stonsbury	Sophia Jones
Tika Daigle	Joanne Doty	Peggy Thompson
The family of Katrina	Raymond Tanner	Linda Dundlow
Kendricks	Arthur Graves	
Bernard Bottoms	Carolyn Moseley	

#### Others I would like to pray for:

#### Looking for the Pastor?

You can contact Pastor Andrew either at the parsonage (676-2314), on his cell phone (703-819-1608), or via email (Andrew.book@gmail.com).





Each day the Transformation Journal will offer you a scripture passage and a question or two for reflection relating to the topic of each week's sermon. The prayer list is also on the back, so please take time to pray for those we have lifted up on Sunday.

#### Sunday, August 23rd

Sermon Notes:

Today's scripture passage (Ephesians 6:10-20) invites us to "keep alert" so that we can pray "at all times." Think back over the last 24 hours and write down what you remember seeing, hearing or even smelling that can direct your prayers. Then take some time to pray!

### Monday, August 24th: Truth

Read Proverbs 12:19. This proverb talks about how people who speak truth will endure, but lies catch up with you quickly. What are times or areas of your life in which you struggle to be truthful? What are some simple steps that you can take to commit to being more truthful?

### Tuesday, August 25th: Righteonsness

Read Luke 3:10-14. Here John the Baptist gives instructions to several different groups of people. Do any of his words apply to you? If John were talking to a group of people at your place in life, how would he encourage you to be righteous?

### Wednesday, August 26th: Ready with the Gospel of Peace

Read Ephesians 2:14-20. This passage talks about Christ being the peace that brought together groups that had been enemies. How can you be ready to bring this kind of peace to people around you? What can you do now to be a peacemaker?

### Thursday, August 27th: Faith

Read Hebrews 11:1-16. Verse 1 talks about faith being unseen. How do you trust in something you cannot see? God promises a better country to those who persevere in faith. Does this help your faith?

#### Friday, August 28th: Salvation

Read Ephesians 2:1-9. Salvation is a gift of God that comes through faith in Jesus Christ. Do you have confidence in God's gift to you? Why or why not? Does this topic make you joyful or fearful? Why?

## Saturday, August 29th: The Word of God

Read 2 Timothy 3:12-17. What does this passage say the scriptures are useful for? Does scripture play these roles in your life? What steps can you take to place scripture into a more central role in your life?

#### Sunday, August 30th

As you get ready for worship today, take time to prepare your heart to see God. Offer this prayer: "Living God, as we gather to worship you today, help me to encounter you, to truly worship you, to hear from you and to have my life changed by you. In Jesus' name, Amen."