

Prayer List

Please keep the following individuals and families in your prayers:

Shiela Cage	Cedric Hawkes and family	Bernard Nash
Tommy Cage	Lucille Bragg	Servicemen and women
Grace Marshall	Tom and Willie Ann Tanner	Edith Parham
Frances Hawthorne	Jackie Griffith	Beverly Hill
Vicky	Lawrence and Charlotte Webb	Edna Bagley
Marvin	Patsy Clark	Bertha Arthur
Thomas Taylor	Betty Thompson	Kitty Springer
Edith Umberger	Otha Wilkins	Harold Springer
Virginia and Vernon Gee	Scott Carter	Anne Hudson
Dee Welch	Carrie Stostetter	Mike Wright
Brad and Laurie Morris	Lisa Emerson	Robert Hite
David Cook and family	Layton Powell	Grace Ann Hite
Billy Hawthorne	Kathy McReynolds	Lydia Hite
Allen Alcock and family	Carl Sands	Grant Cooper
David Jones and family	Frances Seamans	Mary Crowder
Betty Yerby	Sondra Clare	Martha Crowder-Cole
Norman Yerby	Anthony Newcomb	Dorothy Driskill
Jo Ann Vansickle	Dan Stienen	Curtis Neal
Edith Hite	Drew	Suzanne Stigall
Hilda Ozlin	William Bacon	Makayla Clary
Hazel Taylor	Junior McHenry	Alicia Clary
Vernon Barnette and family	Ray Barbour	Raymond and Edith Tanner
Kell Fleshood	Gary Birkett	Red Tanner
Martha G. White		Penny Callis
		Elaine Pearce

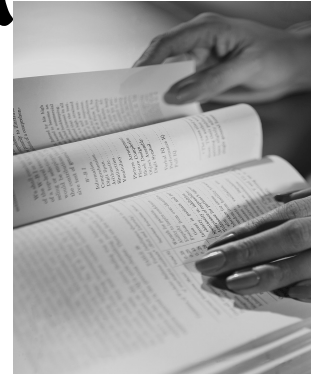
Prayers for the church, nation, and world:

- For Charis Storms as she settles into life in the Mongolian countryside, that she would have wisdom in establishing the new non-profit organization
- For "The Gathering," a United Methodist Church in Virginia Beach who had all of their nursery, worship, and music supplies stolen a couple weeks ago
- For Egypt and Tunisia, for peaceful resolution to the current protests
- For all those in our local community who struggle to find employment
- For the new United Methodist Church plant in the Fort Lee area and for their pastor, Rev. Gina Anderson-Cloud, as they call people back to the church
- For the people of Italy, Malta, Portugal, and Spain

Others I would like to pray for:

Transformation Journal

February 13, 2011



Inviting you to daily time with God.

Every day the Transformation Journal will offer you a scripture passage and a question or two for reflection. Take a few minutes each day, and see what God has for you! The prayer list is also on the back, so please take time to pray for those we have lifted up on Sunday.

Sunday, February 13th

Sermon Notes:

Read Deuteronomy 30:1-10. Following God's commandments leads to blessings for both you and subsequent generations. What would it look like for "the Lord to delight in you" (vs. 9)? How does this encourage you to follow God in the day-to-day experiences of life?

Monday, February 14th

Read Deuteronomy 30:11-14. God says that obeying God should not be difficult because the “word is very near to you.” In what ways, is God’s word in your mouth and heart? How do you respond to the transforming presence of Scripture?

Tuesday, February 15th

Read Deuteronomy 30:15-20. Obedience to God leads to blessing and prosperity, but disobedience leads to death and destruction. Think about times you have chosen to obey even when it was hard. Did you notice how God blessed your efforts? What happened?

Wednesday, February 16th

Read Colossians 3:1-11. Because we are new creatures in Christ, we should think about the things that matter to God and begin to act like Jesus. The first step is getting rid of the garbage. What practices or habits do you need to “put to death” (vs. 5)?

Thursday, February 17th

Read Colossians 3:12-14. Since God has chosen you and set you apart, what virtues do you already clothe yourself in on a daily basis? What virtues do you need to be more intentional about developing?

Friday, February 18th

Read Colossians 3:15-17. Does Christ’s justice rule in your heart? How do you allow God’s Word to grow in you and make you more passionate about people and things that God cares about?

Saturday, February 19th

Read Colossians 3:18-4:1. Paul re-writes the Roman household code of conduct to protect the weaker persons (wife, children, employees) from abuse. What passed-down patterns or habits do you need to rethink?

Sunday, February 20th

As we gather for worship, prepare your heart by focusing on God and offering this prayer: “**Living God, as we gather to worship you today, help me to encounter you, to truly worship you, to hear from you and to have my life changed by you. In Jesus’ name, Amen.**”